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Book Rehabilitation College of Health Science
School of Applied Health Science

Clinical Mental Health Counseling Program

Clinical Mental Health Counseling Program Objectives

1. Demonstrate knowledge of the history and evolution of the mental health field, including the roles of various professionals and the impact of social and cultural factors on mental health care.

2. Apply ethical and legal principles to the practice of mental health counseling, including the importance of confidentiality and informed consent.

3. Utilize assessment and diagnostic techniques to identify mental health concerns and develop appropriate treatment plans.

4. Implement evidence-based interventions and techniques to address mental health concerns, including crisis intervention and group counseling.

5. Collaborate with other professionals and community resources to provide comprehensive mental health care.

6. Engage in self-reflection and professional development to maintain and enhance clinical skills and ethical standards.

7. Advocate for mental health awareness and resources within the community and the profession.

8. Demonstrate cultural competence and sensitivity to diverse populations, including the impact of race, ethnicity, and social class on mental health.

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Clinical Mental Health Counseling Evaluation Plan

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4. Accurately interview, assess and identify clients' problems.

- Associated KPI and CACREP standard: Entry level specialty CMHC, 5.C., Students will demonstrate the knowledge and skills necessary to address foundations, contextual dimensions, and practice within the context of clinical mental health counseling.
- Evaluation plan:
 - Individual data: MHC 506 Diagnosis and Treatment of Psychopathology, Final Exam Rubric, CCS-R faculty scores in Summer 1 and again in Spring 2 of the program
 - Program Aggregate data: